Helpful numbers:

DV Connect
Womensline –1800 811 811
Mensline – 1800 600 636

Sexual Assault Helpline
1800 737 732

Child Safety After Hours
1800 177 135

Homeless Hotline –1800 474 753

Poisons Helpline –13 11 26

13HEALTH – 13 43 25 84

Policelink – 131 444

In an emergency contact

000 (112 for mobiles)

Mental health crisis numbers:

Mental Health Support Line
(MH CALL) – 1300 64 22 55

Lifeline – 13 11 14

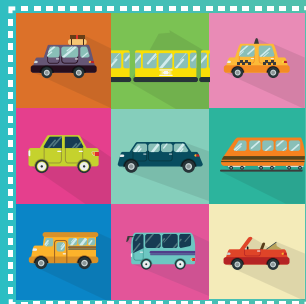**Suicide Call Back Service**
1300 659 467

Kids Helpline (5-25yrs)
1800 551 800

openminds
Mental Health, Disability &
Specialised Supports

Transport Card

www.openminds.org.au

Transport Suggestions

Our Support Workers can help you to use a variety of transport methods which will help you get around on your own whenever you like, not just when you have a Support Worker.

For a full list of Registered NDIS Transport Providers, please visit the **PRODA** website. Your Care Leader can help you with this if you need assistance.

Here are some suggestions to get you started:

Public Transport

Concession Card holders are eligible for discounted travel on Bus, Train and Ferry services.
www.translink.com.au/tickets-and-fares/concessions

Taxi options

Yellow Cabs
Registered NDIS Transport Providers
(07) 3391 5955
www.yellowcab.com.au/ndis/

Black and White Taxis
Registered NDIS Transport Providers
blackandwhitecabs.com.au/ndis/

QLD Taxi Subsidy Scheme
1300 134 755
www.qld.gov.au/disability

Community Transport Options

Many Councils and local areas offer transport to and from and shopping centres and medical services. Your Local Council should be able to help you with this.

STAR Community Services
07 3821 6699
(Redlands, Logan, Ipswich, Gold Coast)

NDIS Registered TransitCare Community flyer
1300 153 636
(Brisbane South, Logan, Townsville)
www.transitcare.com.au

Redcliffe Community Bus
07 3284 6429

Hospital Transport services for appointments QLD Ambulance Service (patient transport)
13 12 33

The Carer Gateway is also a valuable tool to help you look at options in your area!

www.carergateway.gov.au