

Open Minds is a provider of tailored supports to those with mental illness, intellectual and physical disabilities.

Our services are diverse and the below information can be used as a guide. In most cases, contacting our enquiries team is the most efficient way to find out more 1300 673 664.



## NDIS Services



### Daily Support

Support to develop skills to achieve a persons goals, support independence and navigate choices.

- Support to navigate life choices
- Leisure and Social Activities
- Personal care (hygiene and grooming support)
- Assistance with Shopping
- Support to access the community
- Assistance with cooking and meal prep
- Access Centrelink, Public Trust and other services



### Home and Housing Support

Support to live as independently as possible in your own home, or access to stable accommodation.

- 24/7 Supported Independent Living (SIL)
- Access to Specialist Disability Accommodation (SDA)
- In-home care – overall wellbeing, health and hygiene
- Transition from Mental Health Units, secure facilities
- Temporary to Stable Housing Transition



### Support Coordination & Specialist Support Coordination

NDIS funded support to provide options on the best type of services available to you. Specialist Support Coordination is when additional high or complex support needs are required.

- Plan meetings and preparing plan reviews
- Support to set up your NDIS Portal
- Explain Service Agreements
- Research and recommend providers
- Support to contact service providers
- Preparing for plan review



### Behaviour Support Needs

Evidence based approaches to improve quality of life and promote recovery using least restrictive approaches.

- Functional Behaviour Analysis
- Specialist Behaviour Support
- Assessment and planning to reduce and eliminate Restrictive Practices
- Positive Behaviour Support Plans
- Improved relationships
- Children's Groups and Parent Workshops

## Services outside of NDIS

Services	Location	Referral
<b>Coastal Supports</b> A psychosocial recovery based, case management program for those with mental illness who are ineligible for the NDIS.	Sunshine Coast and Gympie	Self referral
<b>Community Living Support (CLS)</b> Supports people with complex mental health needs to increase their independence and integrate with their community.	Northern NSW	Mental Health referral
<b>Housing and Support Initiative (HASI)</b> Supports people who have unstable housing and severe and chronic mental health needs to secure and maintain tenancy and improve wellbeing.	Northern NSW	Mental Health referral
<b>Youth Bloom Transition Services</b> Supporting young people transitioning to independence. For those who have been under guardianship of child safety or have a disability or mental health support needs that make living on your own hard.	Logan and Gold Coast	Self referral, Dept Child Services referral
<b>Community Re Entry Services Team (CREST)</b> Support for transition out of prison to community life and have a successful parole.	Townsville	Self referral & QCS referral in custody QCS referral, post-release
<b>headspace</b> Supporting young people aged 12 to 25 going through a tough time. headspace Centres help young people get free or low-cost supports, in the areas of mental health, physical and sexual health, educational and vocational counselling and alcohol and other drug supports.	Redcliffe, Taringa and Strathpine	Self referral and GP referral
<b>Mental Health Hub Morayfield</b> Confidential counselling and psychological services for people of all ages, including children. Medicare and healthcare card rebates available.	Morayfield	Self referral and GP referral
<b>Concierge Housing Supports</b> Accommodation for individuals and families who are transitioning into sustainable housing.	Redcliffe	Department of Housing referral