

SUPPORTED INDEPENDENT LIVING (SIL)

Our team of professionals will support individuals and their families to identify what they look for in a home, and then work through a plan of how to achieve an individuals' goals to living as independent a life as possible.

The logo for Open Minds, featuring the word "openminds" in a lowercase, sans-serif font. Above the letters "o" and "m" is a white, curved line that resembles a stylized arch or a smile. The logo is set against a background of colorful, overlapping curved lines in shades of blue, red, orange, and purple.

Our Support Workers are on hand to support you with cooking and maintaining your home, accessing the community, and helping with personal grooming and hygiene whilst respecting your privacy and desire for independence. Our experienced team provide 24/7 person-centred care, so we are there when you need us, anytime.

Our SIL services include:

- + Residential shared support to get the most from your funding
- + Matching you with like-minded people to live with
- + Support to maintain your home and assistance with household tasks
- + Social skills development and support to attend group activities or hobbies
- + Daily living assistance
- + Support to access your community
- + Assistance with personal care, hygiene and grooming
- + 24/7 support including overnight awake shifts
- + Support to arrange home modifications as required

Benefits:

- + Feel safe and secure in own home
- + Taking control of your own choices
- + Personal independence and increased confidence
- + Learn how to work within a budget
- + Improve your housekeeping skills
- + Stay close to friends and family, in an area familiar to you

Open Minds can also provide the following services for approved participants:

- + **Specialist Support Coordination**
- + **Positive Behaviour Support Plans**
- + **Access to Specialist Disability Accommodation (SDA) providers**

Eligibility for Open Minds SIL include:

- + Aged between 18-65
- + Approved NDIS funding package or ability to obtain funding
- + Supported Independent Living in your NDIS package

We know how important it is to love where you live. We can help you access accommodation and get support to live the life you want.

CONTACT US today to find out more

1300 673 664

www.openminds.org.au



About Open Minds

Open Minds is a leading provider of mental health and disability support services in Queensland and Northern New South Wales. With more than 100 years of history, Open Minds is committed to its purpose of enabling an independent and positive future for people living with mental illness and disabilities. Open Minds is also a registered NDIS (National Disability Insurance Scheme) provider, with more than 500 employees spread across 35 locations.

Services we provide

Open Minds is a provider of tailored supports to those with mental illness, intellectual disabilities, Acquired Brain Injuries, and more.

NDIS Services

Daily support



Support to develop life skills to achieve personal goals, independence and to navigate choices.

Supported Independent Living



Live as independently as possible in your own home or get access to stable accommodation.

Support Coordination & Specialist Support Coordination



Operating independently to other Open Minds services, we provide options on the best type of services available to you.

Positive Behaviour Support (PBS)



We have qualified and experienced staff to ensure complex support needs are understood by everyone, to create a rewarding plan.

Other non-NDIS services

Coastal Supports

Supports those on the Sunshine Coast and in Gympie for those with mental illness who are ineligible for the NDIS.

Community Living Support (CLS)

Supports those in Northern New South Wales who live with mental illness, to increase their independence.

Housing and Support Initiative (HASI)

Supports those in Northern New South Wales who have unstable housing and live with mental illness, to secure and maintain a home.

Transition & Post Care Support Initiative

Supports young people on the Gold Coast and in Logan who have been under guardianship of child safety or have a disability or mental illness, as they transition to adulthood.

Community Re-entry Services Team (CREST)

Support for men and women in Townsville transitioning out of prison to community life and to have successful parole.

headspace

Support for young people aged 12–25 with mental health, physical and sexual health, educational and vocational counselling and alcohol and other drug supports.

Mental Health Hub Morayfield

Confidential counselling and psychological services for people of all ages including children.

Concierge Housing Supports

Accommodation for individuals and families who are transitioning into sustainable housing.

Call our friendly enquiries team today on **1300 673 664** or email referrals@openminds.org.au