

Open Minds Recovery Enhancement Framework is an evidence based approach to working with people to reach their goals.

“Recovery is being able to create and live a meaningful life within the community with or without the presence of mental illness”

Open Minds Recovery Principles:

- + We work with people, not diagnoses
- + We uphold clients' human and legal rights
- + Recovery is self-defined, self-paced and self-directed
- + Recovery is always possible. We have an expectation of Recovery and hope for all people
- + We are flexible in our delivery and work to tailor our approach to our clients' needs
- + There are no complex clients, only complex situations
- + Natural supports and natural environments are encouraged
- + We include carers, significant others and the community, as guided by the client
- + Clients and staff work side by side to establish a learning partnership

Diversity Statement

As a community minded organisation, we are committed to actively welcoming all people who work in, and access, our programs and services, from all backgrounds including, but not limited to:

- + Aboriginal & Torres Strait Islander (A&TSI)
- + Lesbian, Gay, Bisexual, Transgender, Intersex (LGBTI+)
- + Culturally and Linguistically Diverse (CALD)

OUR PURPOSE

enabling an **independent** and **positive** future for people living with mental illness and disabilities

OUR VALUES

We work **together** and empower people to **succeed** • We act with **humility** and value **curiosity** • We are **trustworthy** and act with **integrity**

Open Minds is a registered **NDIS provider**. Our team works to **enhance mental health and wellbeing** by delivering **tailored supports** for our customers.

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Open Minds is located across Queensland and into New South Wales, with outreach services supporting all regions. Visit our website for a list of our locations **openminds.org.au**

 [openmindsaustralia](https://www.facebook.com/openmindsaustralia)

 [open-minds](https://www.linkedin.com/company/open-minds)



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 openminds

Live the life YOU want!

Mental Health, Disability and Specialised Supports

www.openminds.org.au



Why Open Minds?

We have been supporting Queenslanders for over 100 years and we are committed to helping people who have mental illness, disability, acquired brain injury and complex support needs.

Daily Living Services to live the life YOU want

We are committed to helping you understand and achieve your goals. We do this through individual and flexible support options.

- + Pre planning - getting you ready for your NDIA meeting
- + Connecting you to your community
- + Access to leisure activities
- + Daily living activities
- + Assistance to live independently
- + Healthy living and lifestyle
- + Social skills development and interaction: friends and groups
- + Families and carer support
- + Specialists in Support Coordination
- + Positive behaviour support and planning

Complex Supports Service

Our Complex Supports Specialists are qualified and experienced in the use of positive support strategies to assist people to live a meaningful life in the community. Our staff are skilled in:

- + Understanding challenging behaviours and plan for strategies to manage triggers
- + Reducing and eliminating use of Restrictive Practices through positive behaviour support
- + Teams are educated and trained in how to encourage positive behaviours
- + Working with people with mental illness, intellectual disability, challenging behaviours and acquired brain injury

Service Highlights

- + Work in partnership with families and carers
- + Specialist behaviour intervention
- + Developing and implementing positive behaviour support plans
- + We work with an individuals strengths to overcome challenges, reduce distress and support risk management
- + NDIS Capacity Building Supports including support to improve relationships

“ It’s a huge relief to see Wayne so settled and calm. I’m amazed at how much he’s changed for the better. ”

Mother of client with Complex Support Needs and Supported Independent Living.

Supported Independent Living

Our Team will work with individuals and their families to identify what they look for in a home and their goals to living as independent a life as possible.

We can support:

- + Finding and keeping a home
- + Co tenancy arrangements between like minded tenants
- + Maintaining your home
- + Connecting you to your community
- + Daily living tasks
- + Positive behaviour support and planning
- + Healthy living and lifestyle
- + Personal care
- + Social skills development and interaction: friends and groups

“ Don’s happy where he is and I hope he can keep staying here and getting the care he’s getting now, because it’s excellent. ”

Brother of Supported Independent Living client.